

Westchester Celiac Sprue Support Group

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November 2009

AT OUR NEXT WCSSG MEETING:

Sunday December 6, 2009 — 2 pm
Phelps Memorial Hospital — Auditorium
Sleepy Hollow, New York

Please join us for what promises to be an exciting and educational program on December 6, 2009. Christina Tennyson, MD will be our featured speaker for a full medical update on celiac disease.

Dr. Tennyson is an Assistant Professor of Clinical Medicine working at the Celiac Disease Center at Columbia University. Her interests include diseases of the small intestine, specifically celiac disease, nutrition, capsule endoscopy, and enteroscopy. She currently cares for patients, conducts clinical research, and teaches medical students, residents, and fellows and works closely with Dr. Peter Green.

Dr. Tennyson attended medical school at New York University and performed internship and residency at the Hospital of the University of Pennsylvania. She completed a gastroenterology fellowship at the Mount Sinai Medical Center.

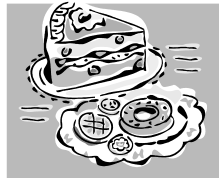
Dr. Tennyson will be presenting an update on celiac disease. This includes recent information on:

- What is happening in diagnosis, treatment and research.
- An exploration of vitamin and minerals and how deficiencies in the diet affect those with CD.
- How to deal with nutritional deficiencies.
- Staying healthy with CD and other related conditions.

She will also be answering your questions.

Join us for what promises to be a thorough and lively medical update.

*Be Sure You Don't Miss the Return of the WCSSG
Gluten-Free Café & Bake Sale*



*C-level Classroom
12:30—2:00*



Enjoy homemade, gluten-free baked goods and complimentary coffee & tea. Meet with others to swap stories, recipes, tips for gf living and to make new friends. Speak with our special guests, Kelly Courson from the Celiac Chicks blog, Nicole Hunn from the Gluten Free on a Shoestring blog, and Karen Miller, owner of Three Dogs Gluten Free Bakery. There will be free face-painting for the kids and babysitting service is available during our guest lecturer's program.

Bring your own baked good and sample some others! Proceeds help support WCSSG's participation in the Gluten Free Awareness Program. Please be sure to include an index card with your name and the name of your gluten free item and if the recipe includes milk/dairy, soy, eggs, peanuts, tree nuts, fish, or shell fish.

Thank you for participating!

Gluten-Free Vendors at our Meeting:

GFL Foods (GF Pita Bread)
Glow Gluten Free
Everybody Eats
Your Culinary Experience
Shabtai Gourmet



Don't Miss Our March Meeting!

Sunday March 7, 2010
At Phelps Memorial Hospital